

Wear policy for physical training uniform

The wear policy applies anytime individuals are required to be in an official physical training uniform, such as during all organized PT, at a minimum. The mandatory wear date is to be determined.

- Any combination of PT uniform items may be worn together (jacket with T-shirt and shorts, T-shirt with shorts or pants); PT uniform items must not be worn with any civilian clothing.
- Air Force T-shirt (short- or long-sleeved style) must be worn tucked into shorts.
- Jacket must be at least half zipped, and hood must be stored and zipped when not worn.
- Pants must be zipped at the legs.
- Spandex shorts and leggings (navy blue, or black) may be worn under PT shorts (full-length leggings may be worn during cold weather).
- White socks must be worn; ankle, or calf length (small conservative trademark logos are OK).
- Shoes must be a conservative color.
- Hats are not required when wearing the PT uniform, but if optional organizational hats are worn, commanders must standardize.
- Saluting not required when performing PT activities, but is required regardless of uniform type when not performing PT activities and when meeting individuals displaying appropriate rank.
- Hair must be neat and cannot hang loose below the collar; long hair must be tied back.
- Requirement for reflective belt is at the discretion of the squadron commander.
- Body art standards apply.
- Jewelry wear will follow normal uniform wear rules, keeping safety in mind.
- Wear policy for deployed locations is at the discretion of the theater commander.