



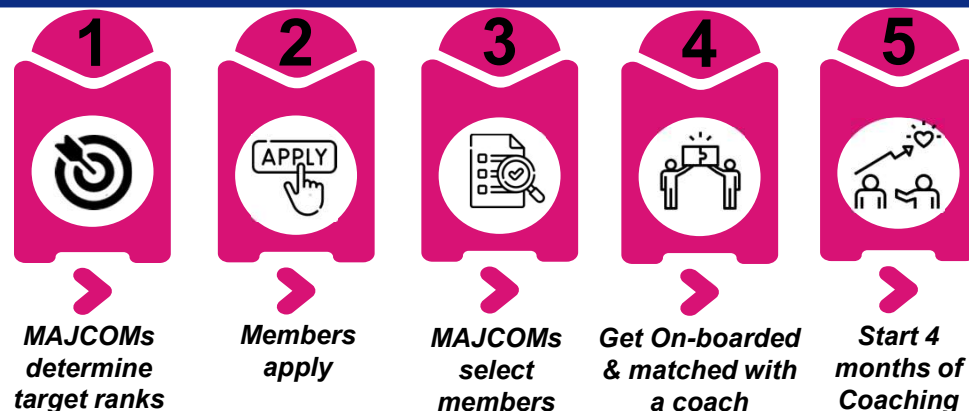
*"I want to  
find a  
coach"*

# BetterUp one-on-one Coaching

## Finding a BetterUp Coach

The BetterUp® experience brings together world-class coaching, AI technology, and behavioral science experts to deliver change at scale — improving individual resilience, adaptability, and effectiveness. The results? People living more meaningful, vibrant lives with greater clarity, purpose, and passion.

- MAJCOMs determine targeted ranks to participate in BetterUp Coaching
- Eligible Ranks: ALL
- Coaching Type: One-on-One
- Funding Authority: MAJCOMs
- Licensing: 12 month *\*1 license can be shared*
  - (1) 12-month license = (1) person coached for 12 months
  - (2) 6-month licenses = (2) people coached for 6 months each
  - (3) 4-month licenses = (3) people coached for 4 months each
- Over 3,000 Coaches World-wide
- ICF Professional Certified Coach (PCC) level coaches
- Unlimited Coaching Sessions
- Specialty Coaching



**No future cohort dates  
determined at this time.**

*Integrity - Service - Excellence*