



October 29, 2015

"Mediocre people don't like high achievers.
And high achievers don't like mediocre people."

*Nick Saban
College coach
(b. October 31, 1951)*



Tips to Have a Safe and Fun Halloween

- S** Swords, knives, and other costume accessories should be short, soft, and flexible.
- A** Avoid trick-or-treating alone. Walk in groups or with a trusted adult.
- F** Fasten reflective tape to costumes and bags to help drivers see you.
- E** Examine all treats for choking hazards and tampering before eating them. Limit the amount of treats you eat.



*Information Provided by the Centers for
Disease Control and Prevention*



- H** Hold a flashlight while trick-or-treating to help you see and others see you. WALK, don't run, between houses.
- A** Always test make-up in a small area first. Remove it before bedtime to prevent possible skin and eye irritation.
- L** Look both ways before crossing the street. Use crosswalks wherever possible.
- L** Lower your risk for serious eye injury by not wearing decorative contact lenses.
- O** Only walk on sidewalks whenever possible, or on the far edge of the road facing traffic, to stay safe.
- W** Wear well-fitting masks, costumes, and shoes to avoid blocked vision, trips, and falls.
- E** Eat only factory-wrapped treats. Avoid eating homemade treats made by strangers.
- E** Enter homes only if you're with a trusted adult. Only visit well-lit houses. Never accept rides from strangers.
- N** Never walk near lit candles or luminaries. Be sure to wear flame-resistant costumes.

► RESOURCES

Website access to the following resources can be gained by clicking on the name.

[AF.mil](#)

[Airman magazine](#)

[Military OneSource/HomeFront](#)

[Air Force Personnel Center](#)

[Air Reserve Personnel Center](#)

[Department of Defense News](#)

[Department of Veteran Affairs](#)

[TRICARE](#)

[U.S. Government Website](#)

[Air Force Association
Scholarships](#)

[Air Force Safety Center](#)

[Civil Service Employment
Opportunities](#)

[NAF Employment Opportunities](#)

[Air Force Bands/Outreach](#)

► THIS WEEK IN AIR FORCE HISTORY

Oct 29, 1950 – C-47s made aeromedical flights from Sinanju Airfield, North Korea, the northernmost Korean airfield ever used by Far East Air Forces aircraft, some 40 miles north of Pyongyang.

Oct 30, 1940 - The 71st Squadron Royal Air Force (1st Eagle Squadron with American volunteers) became operational.

Oct. 31, 1972 - The Air Force inactivated the last BOMARC surface-to-air missile squadron, the 22nd Air Defense Missile Squadron, at Langley Air Force Base, Virginia.

Nov. 1, 1954 - The Air Force retired its last B-29 Superfortress from service. Flown primarily by the United States during World War II and the Korean War, the aircraft had fewer than 12 years in active inventory.

Nov. 2, 1944 - While on a mission over Merseberg, Germany, a bomber sustained three hits from anti-aircraft shells. Severely wounded navigator [Lt. Robert E. Femoyer](#) refused morphine so that he could keep his head clear and direct his plane out of danger. For more than two hours, he navigated his lone bomber away from flak. Only when he reached the English Channel did he agree to take a sedative. He died after the plane landed in England. For his sacrifice, Femoyer received the Medal of Honor.

Nov. 3, 2007 - U.S. Southern Command had a C-130 Hercules deliver 27 crates of potable water to San Isidro Air Base, Dominican Republic, for victims of Tropical Storm Noel. Two Air National Guard UH-60 Black Hawks also conducted search and rescue missions in the area. By Nov. 12, American and British aircrews delivered more than 241,000 pounds of provisions to the Dominican Republic.

Nov. 4, 1985 - Rescuers with the Air Force Rescue Coordination Center saved 47 people during flood relief operations in the Shenandoah Valley, Virginia.



The OPM data breach, massive in its identity theft implications, gives rise to other crimes, and often one crime can result in two more. For example, phishing scams can morph into credit card fraud and social security abuse. Learn how to protect yourself [here](#).

To learn more about the Office of Personnel Management data breach, legitimate assistance being provided to impacted individuals, and to understand cybersecurity as it is grounded in the Air Force tradition, please go to the specially created [Air Force Cybersecurity](#) web page.



For more information on Air Force heritage, visit <http://www.airforcehistory.af.mil>

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