

Commander's Call Topics

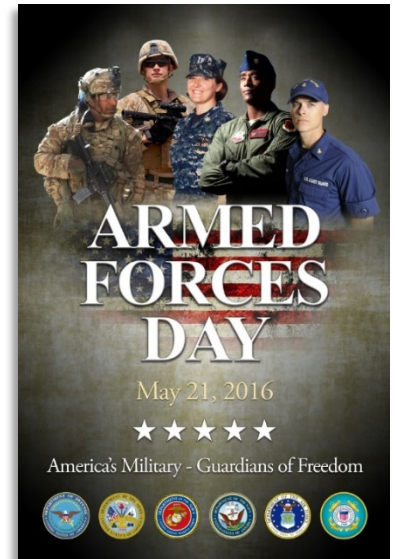


May 19, 2016

2016 ARMED FORCES DAY

Armed Forces Day (3rd Saturday in May) was created in 1949 by then Secretary of Defense Louis Johnson, to celebrate the unification of the Services under one department. It was designed to increase awareness of the Armed Forces among civilians.

- The theme of the first Armed Forces Day was "Teamed for Defense." It was chosen as a means of expressing the unification of all the military forces under a single department of the government.
- The first Armed Forces Day came at a time of increased world tensions, political volatility and communist aggression. Some notable events that marked America's first Armed Forces Week in 1950 included:
 - Norway receiving the first U.S. military aid in the form of two Dakota planes.
 - United Nations Secretary General Trygve Lie seeking the West's acceptance of Red China in the United Nations.
 - The Red Cross celebration of its 69th birthday.
- Today, our U.S. armed forces continue to operate as a cohesive joint force and our Air Force is the foundation for multi-service, interagency and coalition operations. The Air Force provides our nation's joint team the ability and freedom to fight in the air, on the ground and at sea.



"Armed Forces Day, May 20, 1950, marks the first combined demonstration by America's defense team of its progress, under the National Security Act, towards the goal of readiness for any eventuality. It is the first parade of preparedness by the unified forces of our land, sea, and air defense."

- Former Secretary of Defense Louis Johnson, Washington D.C.

Mental Health Awareness Month

Mental Health is essential for peak cognitive and physical performance, and contributes to the readiness of our Airmen. Mental health affects us all as it influences our thoughts, feelings, actions, how we make decisions, interact with others and how we cope with daily stressors. Mental health is a factor of our overall wellbeing, much like physical health.

Check out [Operation Live Well](#) for tips on ways to manage your mental health, like taking care of essential physical and emotional needs.



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► RESOURCES

Website access to the following resources can be gained by clicking on the name.

[AF.mil](#)

[Airman magazine](#)

[Military OneSource/HomeFront](#)

[Air Force Personnel Center](#)

[Air Reserve Personnel Center](#)

[Department of Defense News](#)

[Department of Veteran Affairs](#)

[TRICARE](#)

[U.S. Government Website](#)

[Air Force Association Scholarships](#)

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[Civil Service Employment Opportunities](#)

[NAF Employment Opportunities](#)

[Air Force Bands/Outreach](#)

► THIS WEEK IN AIR FORCE HISTORY

May 19, 1961 – The first Titan I intercontinental ballistic missile arrived at Lowry Air Force Base, Colorado.

May 20, 1970 – An FB-111 Aardvark strategic bomber launched a short-range attack missile successfully for the first time at the White Sands Missile Range, Utah.

May 21, 1927 – Charles A. Lindbergh, a captain in the Missouri National Guard's 110th Observation Squadron, landed his Ryan Monoplane, the "Spirit of St. Louis," in Paris after the first nonstop solo flight across the Atlantic Ocean. He set a 3,609-mile FAI record for straight-line distance in his 33-hour, 39-minute flight. For this feat, President Calvin Coolidge presented Lindbergh with a Medal of Honor.

May 22, 1941 – The Curtiss Hawk 87A Warhawk first flew.

May 23 1988 – The Bell-Boeing V-22 Osprey, the first production tilt rotor aircraft, was unveiled at the Bell Helicopter Textron plant at Arlington, Texas.

May 24, 1994 – The C-17 Globemaster flew across the Atlantic Ocean for the first time.

May 25, 1910 – Orville and Wilbur Wright flew together for the first time in Dayton, Ohio.



The OPM data breach, massive in its identity theft implications, gives rise to other crimes, and often one crime can result in two more. For example, phishing scams can morph into credit card fraud and social security abuse. Learn how to protect yourself [here](#).

To learn more about the Office of Personnel Management data breach, legitimate assistance being provided to impacted individuals, and to understand cybersecurity as it is grounded in the Air Force tradition, please go to the specially created [Air Force Cybersecurity](#) web page.



For more information on Air Force heritage, visit <http://www.airforcehistory.af.mil>

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