



May 5, 2016

FALL PROTECTION IN THE AIR FORCE

The Air Force recognizes "Fall Protection Focus Weeks" from May 2-13, to draw attention to fall hazards on- and off-duty, and to prevent fall-related mishaps. During the two-week focus, every individual or unit should take some time to review fall hazards in their workplace and at home. Between 2011 and 2015 there were nearly 7,000 injuries due to falls that resulted in more than 42,500 lost workdays at a cost of \$64.5 million.



- **EVERY AIRMAN IS VITAL TO PRESERVING COMBAT READINESS AND CAPABILITIES**

- Fall prevention is an issue for every Airman – active duty, Guard, Reserve, civilians.
- On- and off-duty mishaps impede mission readiness and accomplishment.
- Prevention of fall-related injuries and fatalities through education and awareness keeps us mission-ready.

- **EVERY AIRMAN CAN MAKE A DIFFERENCE**

- Address the issue; don't ignore the problem.
- Practice sound risk management at all times – at work and during leisure time.
- Get "Back to Basics." Know and follow the rules and tech data, and always wear appropriate personal protective equipment, e.g. hard hats and harnesses; they save lives.

- **FALL MISHAPS ARE PREVENTABLE**

- Start with a plan and follow the rules and guidance to get the job done safely.
- Provide the right fall protection equipment and make sure Airmen know how to use it.
- Fall prevention training must be part of every safety program.

Invictus Games 2016

Twenty-two Airmen will be part of the 115 athletes representing the U.S. armed forces at [Invictus Games](#) 2016 in Orlando, Florida, May 8-12. Invictus Games is an international adaptive sports tournament for wounded, ill and injured service members where U.S. athletes will compete against athletes from 14 other countries in several competitive events.



► RESOURCES

Website access to the following resources can be gained by clicking on the name.

[AF.mil](#)

[Airman magazine](#)

[Military OneSource/HomeFront](#)

[Air Force Personnel Center](#)

[Air Reserve Personnel Center](#)

[Department of Defense News](#)

[Department of Veteran Affairs](#)

[TRICARE](#)

[U.S. Government Website](#)

[Air Force Association Scholarships](#)

[Air Force Safety Center](#)

[Civil Service Employment Opportunities](#)

[NAF Employment Opportunities](#)

[Air Force Bands/Outreach](#)

► THIS WEEK IN AIR FORCE HISTORY

May 5, 2004 - Two C-130 Hercules from the California Air National Guard's 146th Airlift Wing, equipped with the Modular Airborne Firefighting System, dropped 21,600 gallons of fire-retardant on the Cachuma fire in Santa Barbara County, Calif.

May 6, 1937 - The German dirigible Hindenberg burned while moored at Lakehurst, N.J. Thirty-five people died in the fire.

May 7, 1945 – At Reims, the German High Command surrendered unconditionally, effective May 9.

May 8, 2001 – Secretary of Defense Donald H. Rumsfeld made the Air Force the executive agent for the Pentagon's space activities.

May 9, 1983 - A C-141 crew from the 18th MAS at McGuire Air Force Base, N.J., became the first all-female crew to fly a round-trip mission across the Atlantic.

May 10, 1913 - Didier Masson and Thomas Dean, flying for Mexican General Alvarado Obregon, conducted the first aerial bombing in an American war by bombing Mexican Federal gunboats in Guaymas Bay, Gulf of California.

May 11, 1966 - At Holloman Air Force Base, N.M., a Surveyor spacecraft made the first soft landing under its own power to demonstrate its ability to soft land on the moon.



The OPM data breach, massive in its identity theft implications, gives rise to other crimes, and often one crime can result in two more. For example, phishing scams can morph into credit card fraud and social security abuse. Learn how to protect yourself [here](#).

To learn more about the Office of Personnel Management data breach, legitimate assistance being provided to impacted individuals, and to understand cybersecurity as it is grounded in the Air Force tradition, please go to the specially created [Air Force Cybersecurity](#) web page.



For more information on Air Force heritage, visit <http://www.airforcehistory.af.mil>

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