



COMMANDER'S CALL TOPICS

NOTE: This product has embedded hyperlinks and is best viewed online.

30 Oct — 3 Nov 2017

Priority Topic

of the
Week

Air Force Employee Assistance Program

Air Force Employee Assistance Program

The AF is committed to taking care of our Airmen and families and has a wide range of force support capabilities available to address and take care of the Total Force.

Beginning 1 October, Federal Occupational Health's Employee Assistance Program (EAP) and Worklife4You services became available to our civilians to help them alleviate some of the strain and guide them through accomplishing responsibilities related to their home life. These services are available to all Air Force personnel and non-appropriated funds (NAF) personnel and their families at no cost to the employee.

What is the Employee Assistance Program and WorkLife4You?

EAP provides a variety of support services from one-on-one counseling sessions with a licensed, credentialed master's degree professional who can address more significant challenges such as financial and legal issues. All support is provided on a confidential basis and can be done via telephone or face-to-face (with a local provider once identified).

WorkLife4You offers a variety of services to meet the needs of everyone - including online tips, checklists, in-depth articles, live and on-demand webinars, discussion groups, a health encyclopedia and more.

EAP Worklife4You in Action

An example of EAP's Worklife4You program includes adult care and aging guidance. Many of us might be in the midst of caring for an aging parent or another adult loved one. Air Force civilians have 24/7 access to EAP's Worklife4You services which can provide a free in-person consultation from a Professional Care Manager (PCM). The PCM will listen to the employee's particular concerns and needs and if necessary arrange to have an assessment conducted in the home, hospital, or care facility. The employee is then provided with a detailed, actionable care plan based on this assessment. More importantly the PCM will work with the employee to ensure they understand their options.

Contact Information

Access to EAP and WorkLife4You is easy -- call 800-222-0364. Employees receive immediate assistance, 24 hours a day, 365 days a year.

Information and resources can also be obtained via the internet.

- For EAP visit: [FOH4You](#)
- For WorkLife4You visit: [WorkLife4You](#) (registration code: USAF)

Personnel Topics of Interest

- Active-duty positions added for Guard, Reserve pilots ([AF.MIL](#))
- AF officials announce selections for civilian leadership program ([AF.MIL](#))
- Blended Retirement System opt-in training available ([AF.MIL](#))

Commander's Call Topic Archive: <http://www.af.mil/AboutUs/CommandersCallTopics.aspx>

Commander's Call Topics is published weekly by SAF/PA to ensure leaders at all levels remain current on issues concerning Airmen and families. Requests for information to be included in future editions should be sent to SAF/PAX via [email](#).

Submissions should include:

- 1) 1-2 sentence synopsis of the issue
- 2) hyperlink to further details
- 3) a POC name and contact information.

*Only submissions that pertaining to the majority of Airmen or specifically to command leadership teams will be considered. Local or limited-interest items will not be included.